



Tug of War

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Pacific Southwest Conference 2018

1.0 Event Description

This is an outdoor Tug of War tournament where teams will be randomly placed into an 18 team, single elimination bracket. The teams will consist of 6 participants from each school competing against one another.

2.0 Objective

To test teams' Tug of War and teamwork skills.

3.0 Participant Rules

- Each school may only have one team.
- Each team must consist of 6 participants, and 2 substitutes.
- Each team must have at least one underclassman.
- Each team must have at least three females.
- Each team member must be a registered participant of PSWC 2018.
- Teams will be disqualified if they fail to meet the requirements

4.0 General Rules

- Teams will be placed in a single elimination tournament.
- Members will be placed in staggered positions as shown in Figure 1.
- The flag will be attached to the middle of the rope, and two cones will be placed 15 ft away from the flag as shown in Figure 1.
- The competition will start by referee's signal.
- The team that pulls the flag beyond the cones will advance to the next round.

5.0 Dress Code and Infringements

- Rope must go underneath one arm.
- Gloves are not allowed.
- Kicking the ground is not allowed.
- Sitting on the ground is not allowed.
- Wrapping the rope is not allowed.
- "Climbing the rope" or moving up the rope is not allowed.
- Cleats, jewelry, or any items which may be caught on the rope are not allowed.

6.0 Fouls

- Lowering elbow below the knee during a pull is a foul.
- Pulling the rope over the shoulders during a pull is a foul.
- Committing 2 fouls will result in disqualification.

Figure 1: Participants' Positions

